

# Baby Care Class

Golisano Children's Hospital of Southwest Florida is proud to offer a comprehensive Baby Care Class to parents and grandparents. This class covers a variety of topics, including:

- Preparing for baby
- Baby's immediate care
- Keeping baby safe/first visit
- Newborn screenings
- Newborn appearance
- Newborn senses and behavior
- Feeding baby
- Reflexes
- Bathing
- Diapering and circumcision
- Baby's communication
- Safe sleep patterns/tummy time
- Taking care of yourself
- Car seat safety—same-day installation appointments available with prior request
- Baby-proofing your home



This class is now being offered virtually and for a limited time at no cost due to COVID-19.

Call to reserve your spot • 239-565-8371 or 239-989-7332

